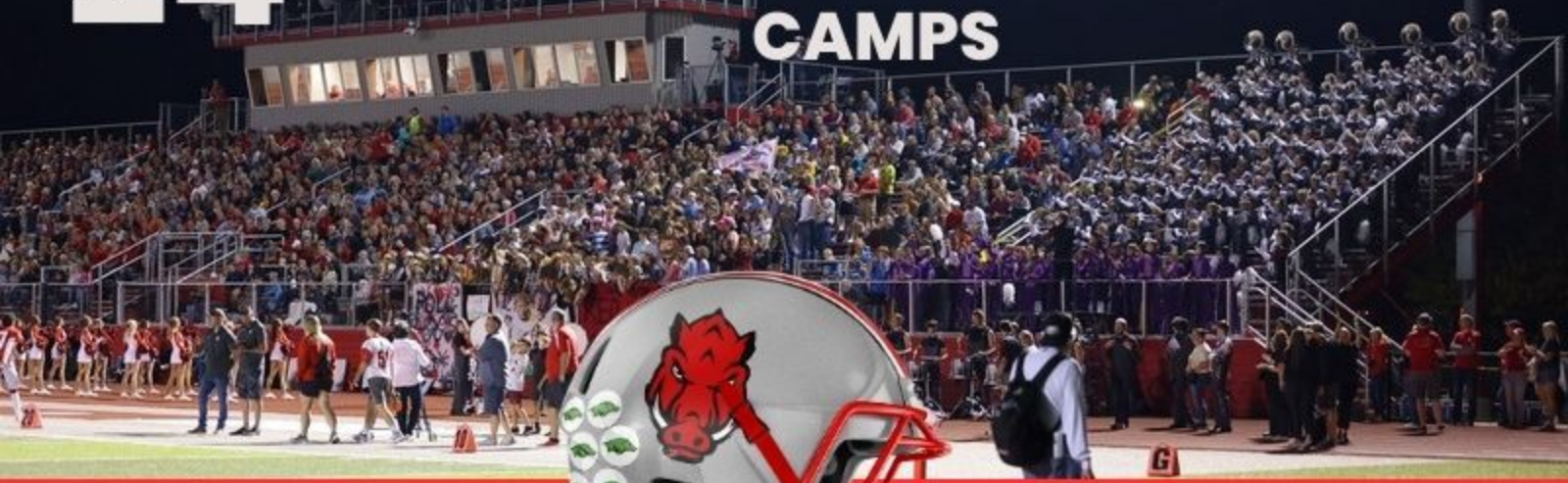


'24

FOOTBALL SUMMER CAMPS



9-12 grade Install Camp

JUNE 3-6

6:30-9:30AM

CARPER FIELD

HELMETS & SHOULDER PADS ISSUED

\$25



9-12 Summer Practice and Open Weights

JUNE 10-JULY 26 6:30-8:30AM

NO ACTIVITIES JULY 1-5

M&W OPEN WEIGHTS AND SPEED

T&TH PRACTICE

\$100 INCLUDES SHORTS AND SHIRT

ADDITIONAL DATES

JUNE 12 7ON7 PEORIA

JUNE 19 PND PRACTICE

JUNE 26 7ON7 EUREKA

JUNE 27 ISU TEAM CAMP

JULY 11 PRACTICE NC & IC

JULY 16 PRACTICE PH & MOLINE

JULY 20 7ON7 WASHINGTON

JULY 22 7ON7 NORMAL&BCC



ISU Team Camp

JUNE 27

8AM-4PM

\$75

DIRECT INSTRUCTION FROM ISU STAFF

11ON11 & 7ON7

9TH GRADE WELCOME BUT MAY HAVE LIMITED TEAM REPS

Junior High Athletic Training Camp

JUNE 10-JULY 26

NO ACTIVITIES JULY 1-5

M-TH 8:30-10

INTRO TO SPRINT TRAINING

INTRO TO CHANGE OF DIRECTION TRAINING

INTRO TO WEIGHT ROOM TRAINING

GAME BASED TRAINING

\$100 INCLUDES SHIRT & 6 WEEKS OF TRAINING!

Intended for ALL Aspiring ATHLETES!



Pay in Cash or Check: Morton Football

QUESTIONS: ADAM.ONEILL@MCUSD709.ORG

*SCHOLARSHIPS AVAILABLE

