



# May Morton High School Lunch



**Lunch \$ 3.00**

**Milk \$ 0.60**

**FEATURES**

## We are Hiring!

**We Need Cooks, Managers,  
Food Servers and Drivers!**

**You will love the work  
schedule!**

**No nights or weekends!  
Holidays off!**

**Apply Online at:  
www.arbormgt.com/careers  
Scan Me To Apply!**



**Garden Spot**

**Deli Express**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Signature Cheeseburger Deluxe Seasoned Fries Vegetable of the Day Fruit of the Day	2 Popcorn Chicken Mashed Potato Bowl Corn Bread Muffin Mashed Potatoes Golden Corn Vegetable of the Day Fruit of the Day	3 1/2 Day	4 Sweet n' Sour Meatballs w/ Rice Steamed Broccoli Vegetable of the Day Fruit of the Day	5 Penne Rosa Pasta-V Garlic Bread Glazed Carrots Vegetable of the Day Fruit of the Day
8 Chicken Fajita Burrito Spanish Rice Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	9 Rotini & Meatballs Garlic Bread Steamed Broccoli Vegetable of the Day Fruit of the Day	10 Chicken & Waffles Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	11 Chili Cheese Fries w/ Soft Pretzel Steamed Carrots Vegetable of the Day Fruit of the Day	12 Walking Taco Nachos Brown Rice Seasoned Black Beans Vegetable of the Day Fruit of the Day
15 Chef Choice Vegetable of the Day Fruit of the Day	16 Chef Choice Vegetable of the Day Fruit of the Day	17 Chef Choice Vegetable of the Day Fruit of the Day	18 Chef Choice Vegetable of the Day Fruit of the Day	19 Chef Choice Vegetable of the Day Fruit of the Day
22 1/2 Day Finals  No Lunch	23 1/2 Day Finals  No Lunch	24 1/2 Day Finals  No Lunch	25	26
29	30	31	6/1	6/2
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Sal- ad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Burgers  
Chicken Sandwiches  
Pizza Selection  
Nachos**

**Included with Every Meal**  
**Fruit and Vegetable**  
**Choice of Milk**

**V= Vegetarian**

(\*) Contains or may contain Pork

## Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as  
seasonally available
- ✓ Cage free poultry with no added hormones or  
steroids
- ✓ Fresh whole and multigrain bread, buns and  
baked goods
- ✓ No-fat or 1% milk free from any growth hor-  
mones from local, sustainable farms
- ✓ **Plant based entrée options**

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**



For more  
information or to  
"Ask the Dietitian",  
check out our website!

**Please note:** Due to national supply chain dis-  
ruptions and shortages, we may have to make  
changes to our menus with little or no notice.  
Please know that we are doing our best to  
serve meals as planned. Substitution of menu  
items will be communicated. We apologize in  
advance and thank you for understand-  
ing! **This institution is an equal opportunity**