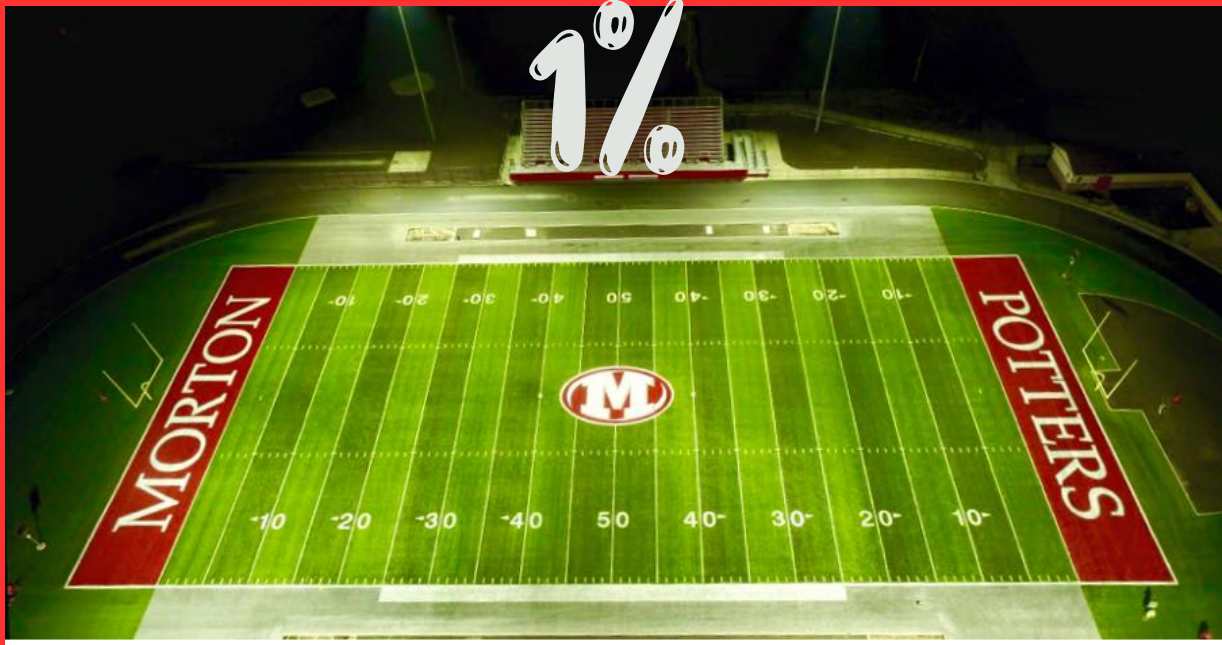


'23 Summer Camps



9-12 grade Install Camp

June 5-9

6:30-9:30am

Helmet Shoulder pads issued
\$25

Carper Field

9-12 grade Summer Weights & Dates

June 12-July 27

Mon-Th 6:30-9:30

no workouts July 3-7

\$100 includes T-shirt/Shorts

Additional dates:

6-13 7on7 @ Carper

6-20 @ Peoria

6-21 7on7 @ Carper

7-10 @ Eureka

7-13 @ SHG

7-22 @ Washington

June 29

8am-6pm

Includes: Lunch, T shirt

instruct and eval from ISU staff

11 on 11 & 7 on 7 competition

\$75

(9th grade welcome but might sit from team reps)

Illinois State Team Camp



Junior High Athletic Training Camp

7th-8th Grade

June 12-July 27

Mon-Th 8:30-10am

no workouts July 3-7

\$75

Includes T-shirt/Awards

Intro to sprint training

Intro to weight training

Intro to drills

Game Based training

*all athletes welcome

Payment cash & checks: Morton Football

Direct questions to Head Football Coach

Adam O'Neill

adam.oneill@mcusd709.org

*scholarships available



JFL Camp July 17-21

<https://morton.recdesk.com>