

November Morton High School Lunch



Lunch \$ 3.00

Milk .60¢

FEATURES

We are Hiring!

**We Need Cooks, Managers,
Food Servers and Drivers!**

**You will love the work
schedule!**

**No nights or weekends!
Holidays off!**

**Apply Online at:
www.arbormgt.com/careers
Scan Me To Apply!**



Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Yang's Mandarin Orange Chicken Vegetable of the Day Fruit of the Day	2 Early Dismissal	3 Sloppy Joe Sandwich Vegetable of the Day Fruit of the Day	4 Baked Potato w/ Chili & Soft Pretzel Vegetable of the Day Fruit of the Day
7 Hot Italian Cheesy Sub Vegetable of the Day Fruit of the Day	8 No School	9 Homemade Buffalo Mac 'n Cheese Pretzel Rod Vegetable of the Day Fruit of the Day	10 Chipotle Chicken Burrito Bowl Vegetable of the Day Fruit of the Day	11
14 Bacon Cheeseburger Vegetable of the Day Fruit of the Day	15 Crispy Chicken Bowl Vegetable of the Day Fruit of the Day	16 Chicken Drumstick Biscuit Vegetable of the Day Fruit of the Day	17 Sweet n' Sour Meatballs w/ Rice Vegetable of the Day Fruit of the Day	18 Penne Rosa Pasta-V Garlic Bread Vegetable of the Day Fruit of the Day
21 Chicken Burrito Spanish Rice Vegetable of the Day Fruit of the Day	22 Rotini & Meat Sauce Garlic Bread Vegetable of the Day Fruit of the Day	23 No School	24 No School	25 No School
28 Fluffy Pancakes & Turkey Sausage Vegetable of the Day Fruit of the Day	29 Western BBQ Burger Vegetable of the Day Fruit of the Day	30 Homemade Mac 'n Cheese Garlic Bread Vegetable of the Day Fruit of the Day		
Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich



Daily Entrées

**Burgers
Chicken Sandwiches
Pizza Selection
Nachos**

Included with Every Meal
Fruit and Vegetable
Choice of Milk

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as
seasonally available
- ✓ Cage free poultry with no added hormones or
steroids
- ✓ Fresh whole and multigrain bread, buns and baked
goods
- ✓ No-fat or 1% milk free from any growth hormones
from local, sustainable farms
- ✓ Plant based entrée options

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more
information or to
"Ask the Dietitian",
check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.