

**FREE  
MEALS  
To All Enrolled  
Students**

**FEATURES**

**We are Hiring!**  
We Need Cooks, Managers,  
Food Servers and Drivers!  
You will love the work  
schedule!  
No nights or weekends!  
Holidays off!  
Apply Online at:  
[www.arbormgt.com/careers](http://www.arbormgt.com/careers)  
Scan Me To Apply!



**Garden Spot**

**Deli Express**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Early Dismissal	2 Chicken & Cheese Quesadilla Vegetable of the Day	3 Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day
6 Chicken Parmesan Whole Grain Pasta Garlic Bread	7 Soft Beef Tacos Refried Beans Vegetable of the Day	8 Wings of Fire Dinner Roll Vegetable of the Day	9 *Grilled Chicken Bacon Melt Vegetable of the Day	10 Italian Meatball Sub Vegetable of the Day
13 Sloppy Joe Sliders Vegetable of the Day	14 Chicken Fajita Quesadilla Vegetable of the Day	15 Pasta Bolognese Garlic Bread Vegetable of the Day	16 Savory Salisbury Steak Biscuit Vegetable of the Day	17 Yang's Mandarin Orange Chicken Brown Rice Vegetable of the Day
20 Daily Entrée Options	21 Half Day	22 No School	23 No School	24 No School
27 No School	28 No School	29 No School	30 No School	31 No School
Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Burgers  
Chicken Sandwiches  
Pizza Selection  
Nachos  
Sunbutter and Jelly  
Sandwich**

**Included with Every Meal**  
Fruit and Vegetable  
Choice of Milk

V= Vegetarian

(\*) Contains or may contain Pork

## Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as  
seasonally available
- ✓ Cage free poultry with no added hormones or  
steroids
- ✓ Fresh whole and multigrain bread, buns and baked  
goods
- ✓ No-fat or 1% milk free from any growth hormones  
from local, sustainable farms
- ✓ Plant based entrée options

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**



For more  
information or to  
"Ask the Dietitian",  
check out our website!

Menu changes are occasionally necessary.  
Notice will be given when possible..  
This institution is an equal opportunity employer.