

## Morton School District March High School Lunch Menu

7	Monday	Tuesday	Wednesday	Thursday	Friday
4	1	2	3	4	5
	Bean & Cheese Burrito Vegetable of the Day Fruit Serving	Chicken & Belgian Waffles Vegetable of the Day Fruit Serving	Half Day No Lunch	Chili Cheese Fries w/Pretzel Rod Vegetable of the Day Fruit Serving	Half Day No Lunch
	8	9	10	11	12
CANADAM MARKET	Chicken Drumstick Vegetable of the Day Fruit Serving	Chicken & Cheese Nachos Vegetable of the Day Fruit Serving	Bosco Sticks Marinara Sauce Vegetable of the Day Fruit Serving	*BBQ Rib Sandwich Vegetable of the Day Fruit Serving	Homemade Mac & Cheese Vegetable of the Day Fruit Serving
	15	16	17	18	19
	Chicken Parmesan Sandwich Vegetable of the Day Fruit Serving	Soft Tacos Vegetable of the Day Fruit Serving	Wings of Fire Vegetable of the Day Fruit Serving	Italian Meatball Sub Vegetable of the Day Fruit Serving	Chicken Bacon Melt Vegetable of the Day Fruit Serving
i	22	23	24	25	26
	Beef Sloppy Joe Sliders Vegetable of the Day Fruit Serving	Chicken Fajitas Vegetable of the Day Fruit Serving	Penne Pasta Bolognese Vegetable of the Day Fruit Serving	Savory Salisbury Steak w/Biscuit Vegetable of the Day Fruit Serving	Yang's Orange Chicken w/Rice Vegetable of the Day Fruit Serving
	29 Free Meals	30 Free Meals	31 Free Meals		
	Hamburger Vegetable of the Day Fruit Serving	Cheese Sticks Graham Bears-V Vegetable of the Day Fruit Serving	Sunbutter and Jelly Sandwich-V Vegetable of the Day Fruit Serving	Free Meals Offered To All Students During Easter Break Sign up by 3/19/2021	

**Included with Every Meal** 

Fruit and Vegetables 1% or Fat-Free Milk Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

\*Contains or May Contain Pork

## FREE MEALS To All Children 18 and Under

**Entrées Available Daily** 

**Chicken Sandwich Varieties** 

**Grilled Burger Varieties** 

**Pizza Varieties** 

Now Hiring For Food Service Positions

> Contact Kristina Klein at

309-284-6320

## Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- Fresh fruits and vegetables, locally sourced as seasonally available
- Cage free poultry with no added hormones or steroids
- Fresh whole and multigrain bread, buns and baked goods
- No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!





For more information or to "Ask the Dietitian", check out our website!