

ADAPTIVE PHYSICAL EDUCATION (APE) 9 – 12 (1/4 CREDIT PER SEMESTER)

Prerequisite: None

Adaptive Physical Education is a developmentally appropriate physical education class that involves differentiating instruction so students with a disability can be active. It is physical education which may be adapted or modified to address the individualized needs of children and youth who have gross motor developmental delays. This course will provide a variety of activities ranging from individual skills, team skills, personal fitness and cooperative activities. This class will utilize a peer mentoring program called PE Partners.