

Human Relationships

½ Credit
1 Semester

Text: Families Today by Connie R. Sasse, c. 2000

Prerequisite: None

Course Description:

This class discusses the importance of the individual in regards to self, family, and society. The student is an integral part of the success of his/her role as son/daughter, friend, husband/wife, unmarried, mother/father, non-worker/worker, and consumer. The problem-solving and decision-making should make a person all that he/she can be. The handling of various uncontrollable situations (roadblocks) are discussed/strategized in a pro-active manner.

Course Content:

This course covers material related to the teenagers role in his/her family, school, community, and nation. The relationships that will be encountered as adults are introduced, discussed, and problem-solved. Students learn the various means to have a high quality of life of community, education, etc.

Students will have videos, assignments, projects, group participation, oral presentations, and exam assessments of objectives.

Course expectations:

Expectations are for the student to actively participate, be prepared, and observe the rights and responsibilities of himself/herself. The student will accept the viewpoint that all opinions matter and everyone has his/her opinion concerning issues.

Grades:

Grades for the class will be by study guides (varying points), group projects (varying points), current events portfolios (300 points), projects (varying points from 100-500 points), quizzes and exams (100-300 points), and oral presentations (varying points from 100-200 points).

Course Objectives:

1. the importance of families and the different family styles which are determined by many different factors---religion, culture, ethnicity, etc.
2. families in the changing world of technology
3. personal roles and relationships in friendships, family, school, community and work
4. the importance of effective nonverbal/verbal communication
5. conflict resolution

6. building relationships by interest and activity
7. problem-solving as a key to learning from positive and negative experiences
8. managing and usage of technology for health, entertainment, environment, safety & security, privacy, cost, and access to information
9. balancing the many roles we have as adults for a healthy physical and mental well-being
10. single life and independency
11. possible married life and the growth of the family unit from beginning stage to retirement stage
12. understanding the statistics and problems of divorce and remarriage
13. relating to the elder population
14. death and dying of both young and old—support groups, grieving, moving on, and prevention of one's health physically and mentally after a loss
15. working with others in a team, job, or family
16. understanding real love versus an infatuation
17. understanding sexuality and the importance of sound decisions---abstinence is the only birth control method before marriage as prescribed by district philosophy
18. development of character, morals, opinions, value systems, etc. by various influences—not everyone has the same system that is used
19. personality traits and the importance of acceptance
20. developing a positive optimistic attitude
21. the direct relationship of stress upon one's physical, intellectual, emotional, and social areas
22. supporting one's community in regards to responsibilities, rights, and altruistic endeavors
23. managing money and one's consumer role in our society
24. planning for the future and preparing for a future that will make one happy and a valuable asset to his/her community and nation